



Spectrum Medical - Martinsville  
1075 Spruce Street  
Martinsville, Virginia 24112  
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## PHYSICAL THERAPY REFERRAL

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Date of Onset: \_\_\_\_\_

Precautions: \_\_\_\_\_

**Evaluate and Treat as indicated** (check specific modalities and treatments if desire)

### PROCEDURES

- |   |  |
|---|--|
| <input type="checkbox"/> ROM (Active, Passive, Assistive) | <input type="checkbox"/> Vestibular Rehab                    |
| <input type="checkbox"/> Strengthening                    | <input type="checkbox"/> Amputee Rehab                       |
| <input type="checkbox"/> Manual Techniques                | <input type="checkbox"/> Home Exercise Program (HEP)         |
| <input type="checkbox"/> Functional Dry Needling (FDN)    | <input type="checkbox"/> Work Conditioning Program           |
| <input type="checkbox"/> Core Rehab/Spinal Stabilization  | <input type="checkbox"/> Rehab Program per Included Protocol |
| <input type="checkbox"/> Athletic / Sports Specific Rehab |  |
| <input type="checkbox"/> Neurological Rehab               |  |
| <input type="checkbox"/> Gait/Balance Training            |  |

### MODALITIES

- Heat/Ice
- Electrical Stimulation
- Traction
- Ultrasound

Special Instructions: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Weight Bearing Status: \_\_\_\_\_

Frequency: \_\_\_\_\_ x Per Week x \_\_\_\_\_ Weeks    Return Appt Date: \_\_\_\_\_

I certify the need for these services furnished under this plan of treatment and while under your care.

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

We are located in the Druid Hills Shopping Center easily accessible by routes 58 and 220 in Martinsville.



## DIRECTIONS TO OUR MARTINSVILLE OFFICE

### From Stuart, Virginia

Start out going northeast on Buena Vista Ave toward W Blue Ridge St. (0.06 miles)

- Buena Vista Ave becomes Johnson St. (0.24 miles)
- Stay straight to go onto Wood Brothers Dr/VA-743. (0.18 miles)
- Merge onto Jeb Stuart Hwy/US-58 E toward Martinsville. (14.62 miles)
- Jeb Stuart Hwy/US-58 E becomes A.L. Philpott Hwy. (10.63 miles)
- Merge onto US-58 Bus E/US-220 Bus N. (1.89 miles)
- Turn right onto Starling Ave/US-58 Bus E. (0.79 miles)
- Turn right onto Mulberry Rd. (0.44 miles)
- Turn left onto Spruce St. (.36 miles)
- 1075 SPRUCE ST. Located in the Druid Hills Shopping Center!

### From Eden, NC

Start at NC Highway 87 N/NC-87 (Crossing into Virginia). (0.54 miles)

- NC Highway 87 N/NC-87 becomes Morehead Ave/VA-87. (4.05 miles)
- Turn right onto Greensboro Rd/US-220 N. (2.99 miles)
- Merge onto US-58 E toward Danville. (2.57 miles)
- Take the exit toward VA-650/Irisburg Rd. (0.24 miles)
- Turn left onto Irisburg Rd. Irisburg Rd becomes Spruce St. (2.56 miles)

1075 Spruce Street Located in the Druid Hills Shopping Center!

### FROM ROCKY MOUNT, VA

- Stay straight to go onto US-220 S/Virgil H Goode Hwy S. Continue to follow US-220 S. (18.36 miles)
- Merge onto US-220 Bus S toward Collinsville/Martinsville. (4.42 miles)
- Turn left onto Commonwealth Blvd. (1.32 miles)
- Turn right onto W Market St. (1.15 miles)
- W Market St becomes Mulberry Rd. (0.44 miles)
- Turn left onto Spruce St. (0.35 mile)

1075 Spruce Street Located in the Druid Hills Shopping Center!

